

English Paper Piecing

Supplies Needed:

- An assortment of scraps
- Pre-cut papers for English Paper Piecing (purchased or printed and cut)
- Small piece of cardboard
- Needle for hand sewing
- Thread
- Scissors

Purchase pre-cut paper pieces:

<http://www.stitchintheditch.com> (Canada)

<http://store.hamelsfabrics.com> (Canada)

<https://www.paperpieces.com> (USA)

Print at home: *(recommended that you print them on card stock)*

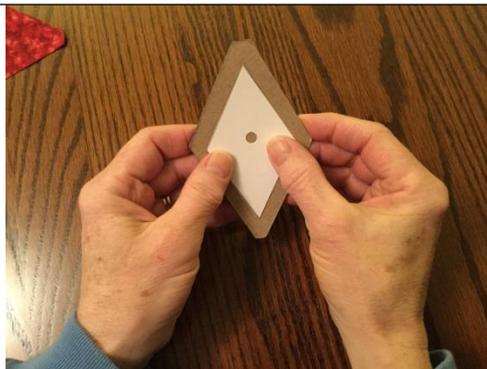
http://printablepaperpieces.blogspot.ca/2015_07_01_archive.html

<http://www.lovepatchworkandquilting.com/free-quilt-patterns/free-hexagon-template-download>

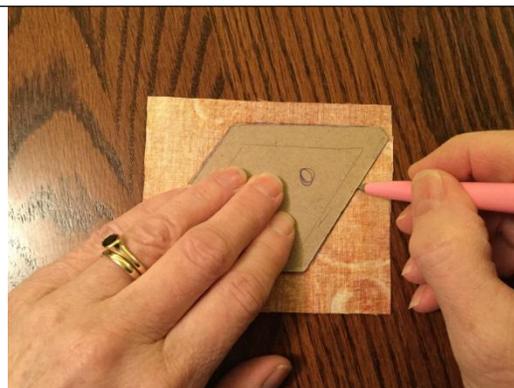
<http://www.incompetech.com/graphpaper/>

Process:

1. Take one pre-cut piece of paper, and trace around it on a piece of cardboard or template plastic (an old cereal box is fine!) Cut around this shape leaving about $\frac{1}{4}$ " allowance around the entire shape. Cut it out. Punch a hole in each pre-cut paper shape.



2. Trace around the cardboard shape on multiple pieces of fabric, and cut them out.



3. Prepare a needle with a long piece of thread knotted at one end. Place one pre-cut paper piece on the wrong side of a cut fabric shape and catch the fabric with a pin through the hole.



4. Starting at one "corner" fold down the edges so they overlap neatly. Take 2-3 stitches to hold the fold intact. Take a couple of large running stitches down the folded side, being careful not to catch the paper.

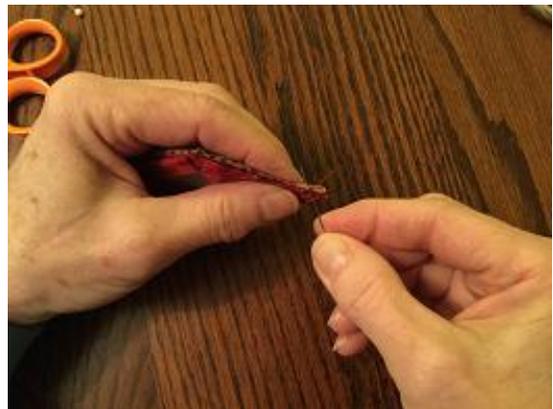


5. When you get to the next "corner", fold down the edges neatly and take 2-3 stitches to hold it in place. Continue on until all corners are firmly stitched together, taking running stitches in between each one. At the last one, take about 5-6 small stitches and cut the thread.
6. Continue with as many shapes as desired.





7. Decide how you would like your shapes and colours placed for your quilt.
8. Start by getting two shapes that will be adjacent to each other, and hold them together, right sides facing each other. With a knotted thread and needle, do a line of small whip stitches to hold the two shapes together, being careful not to catch the paper. If you can add another shape without cutting the thread, go ahead and do that now. Otherwise, cut the thread and add another shape.





9. If you are doing Tumbling Blocks pattern with 60° diamonds, you will be sewing groups of three into cube shapes, always making sure that the dark, mediums and lights are in the same position in each block. Sew all the threes into blocks and then place them in the desired pattern, and sew the blocks together using small whip stitches. If you are doing a Grandmother's Flower Garden pattern with hexagons, then sew your hexagons into flower shapes, and then attach them all together. Alternatively, you may just sew them into rows, with random colours.
10. Once a shape has been sewn on all four (or six) sides, then you may take out the paper. It should slip out relatively easily.



11. If desired, you may cut some paper templates in half (and even smaller for the corners) to make the edges of the quilt straight. Alternatively you may leave them bumpy if you prefer—but it's probably easier to bind straight lines.

